



Onwards and upwards

1-19 Alexandra Avenue
Broadbeach QLD 4218
Subscribe: <https://broadbeachss.schoolzineplus.com/subscribe>

Email: principal@broadbeachss.eq.edu.au
Phone: 07 5570 8444
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11 May 2026

Principal's Message

Broadbeach State School students and staff acknowledge and pay our respects to the Traditional Custodians of the land on which we learn and work, the Kombumerri Peoples. We extend that Acknowledgement to their Elders, past, present and emerging. We acknowledge that this country on which we meet has been a place of learning for tens of thousands of years, and we thank them for allowing us to work together, share knowledge and walk alongside them in the education of our Jarjums.



This week marks a significant milestone in our school's physical environment. On Thursday May 14, concrete for the first level of the new administration and classroom building will be poured. A big thank you to Wiley construction for the continuing progress.

At the same time, Woods Trades, will start the construction of the last two sections of the black fence. The works on this day will include cutting the concrete wall on Old Burleigh Road.

Unfortunately, on this day the Kiss and Go on Old Burleigh Road and the service road, including parking, will be closed from 6am to 2pm. If you use this area in the morning, please make alternative arrangements.

To allow for pedestrian access, the gate near the bin enclosure, behind the James Centre will be open.

I appreciate these changes will present some challenges to families; however, the result will be beneficial to our school.

Parking Concerns

We have received a written complaint from our neighbours in the **Mali Residences** on Alexandra Avenue. Members of our school community are using their driveway as a turning circle and parking in their visitor car park. Mali Residences is private property and is not for public pick-up.

Staff Carpark

The staff car park is now fully operational with the new gates. It is important that parents and students do not enter this area. Only staff and their own children are permitted entry. This is to ensure safety on our school premises.

Pedestrian access to and from Mary Avenue is via the gate between the library and the P to 2 learning centre.

See you near the beach!

Stephen Josey

DEPUTY PRINCIPALS

From the Deputy's Desk – Peta White

Under 8s Day

Under 8s Day is fast approaching - **Friday 22 May** between 11.50am and 1.40pm.

Our Prep – Year 2 cohorts will be participating in this exciting day. **Parents** are very **welcome** to come along and join in the fun. The focus is to facilitate hands on play, craft and movement... with some extra fun thrown in from external organisations, including Pumpin' Jumpin'

Castles and Old MacDonald Farms. Please note, if you **do not want** your child to participate, engage with farm animals or use the jumping castles, **please inform your teacher** in writing prior to the event.

School Photos

- Class photos are scheduled for **20& 21May**
- MSP is the photography company. **Please contact MSP photography with any queries.**
- A flyer with the link and all information has been sent out via SMS and email.
- Orders **can only** be placed via the MSP Online Portal using a specific link
- Pre-ordered sibling photos will be taken before school on these days.
- If you **do not want** your child in the class photo or do not want their name printed on the class photo, **please inform your teacher.**





From the Deputy's Desk – Kristi Klarenbeck

Queensland Engagement and Wellbeing Survey

Students in Years 4 to Year 6 have commenced taking part in the Queensland Engagement and Wellbeing (QEW) Survey.

We know that wellbeing and engagement are important parts of your child's life at school. The QEW Survey is designed to measure how students view their wellbeing and engagement across different topics. The information we get from the survey helps us better understand and support our students.

More information, including FAQs, can be found on

the Education website:

[Click here to view more information](#)

Uniform

Broadbeach SS takes great pride in the presentation of students in full school uniform. Breaches of our [Uniform Policy](#) can be abolished with parental support. The following may serve as reminders for parents to keep an eye out prior to your child leaving the house:

- Plain black sneakers
- Plain white socks
- Plain black shorts/skirt/skorts of similar style and length as school purchased items. Bike pants / running shorts do not meet school uniform criteria.
- No makeup (including mascara or foundation).
- Pair of silver/gold studs or sleepers only (decorative jewellery not permitted). Hoop earrings pose a WHS issue and dangly earrings are considered decorative.
- A watch is permitted, however, any 'smart' feature to be disabled during school hours.
- Medium to long hair must be tied up (regardless of gender)
- Non-uniform items must not contain logos (e.g. black jumpers/pants must not have white/colour strips or logos pertaining to branding other than school uniform).

We thank parents for their continued support in ensuring they are dropping off their child/ren to school meeting our uniform requirements.

Attendance

- In the event that your child is absent, the preferred method of communication is via **QParents app**, click on **Notify Absence**. Please advise prior to 8.30am.
- In the event that an absence justification hasn't been received prior to roll call, a follow up SMS will be sent to any unexplained absences requiring attention.

- Each Friday, a further follow up SMS will be sent to any families who have outstanding unexplained absences. Your support in ensuring your child's attendance records are up to date is appreciated.

Wildlife Rangers are coming to Broadbeach!

Year 3 will be getting a visit from 'Wildlife Rangers' as part of their Science Unit about life cycles and classification. Students will view and touch animals as well as discuss physical features and behaviours. We can't wait for this incursion! See timetable for dates and times.

Monday 25 May	Tuesday 26 May
8:50 – 9:50 3M	8:50 – 9:50 3G
9:50 – 10:50 3K	9:50 – 10:50 3B
11:30 - 12:30 3H	11:30 - 12:30 3V
12:30 – 1:30 3N	12:30 – 1:30 3P



From the Deputy's Desk – Matt O'Brien

Year 6 and Prep Buddy Reading

Our Year 6 and Prep Buddy Reading program, which

began last term, has quickly become a favourite for students in both year levels. During a morning each week, our Year 6 students team up with their Prep buddies to share stories, building connections and a real sense of community across the school.

The benefits are clear on both sides. Our Prep students are developing their confidence in reading, listening and speaking, while our Year 6 students are stepping up as leaders—showing patience, care and responsibility as they support their younger peers.

It's always a highlight of the week, with plenty of smiles, enthusiasm and meaningful interactions. We're proud of the way our senior students have embraced their roles, and we look forward to seeing these partnerships continue to flourish.

A Curriculum Built for Every Learner

Have you ever wondered about what the curriculum looks like at our school?

At Broadbeach State School, we are committed to delivering a guaranteed and viable curriculum for every student. This means all students have access to the full breadth of the Australian Curriculum across all eight learning areas, while also receiving strong support in the foundational areas of Literacy and Numeracy.

Our approach combines high expectations, explicit teaching and evidence-informed practices to ensure learning is purposeful, engaging and responsive to student need. Through our whole-school "Targeted Teaching" approach, lessons are carefully planned, well sequenced and designed to help every student succeed.

Students benefit from learning with classroom teachers, specialist teachers and Teachers of Other Learning Areas (TOLA), ensuring quality instruction across subjects including English, Mathematics, Science,

HASS, The Arts, Technologies, Languages, HPE and Music.

We also recognise that every learner is different. Differentiation, intervention, support and extension opportunities are embedded into everyday classroom practice so all students are challenged, supported and included.

At Broadbeach, we believe a strong curriculum develops the whole child — academically, socially, emotionally and culturally — preparing students to thrive both now and into the future.

From the Special Education Team

Special Education Program – Community Access

Our Special Education Program (SEP) Community Access initiative is designed to support students—particularly those with complex needs—to build confidence and develop their social language skills in real-world settings. By providing structured, supported opportunities beyond the classroom, students are encouraged to communicate, interact, and engage with others in meaningful ways.

A key goal of the program is to prepare students to successfully participate in classroom excursions and incursions as they progress throughout the year. For some students, these experiences can be challenging, so we focus on building the skills and confidence needed step by step.

So far, students have taken part in an intensive swimming program, helping them develop water safety skills in preparation for whole-school swimming activities later in the year. They have also enjoyed a gym program,

where they are working on following instructions, turn-taking, and engaging with peers in a new environment. And some students have participated in The Men's Shed.

We are proud of the progress our students are making and look forward to continuing to build their independence and participation in the wider school community.

From the PE Department

HPE News

Oceanic Tennis Trials

Congratulations to Kauai, Jesse and Will on their outstanding efforts at Oceanic Tennis trials.

Oceanic District Rugby Union

Well done to Archer and Toby on their selection into the Oceanic District Rugby Union U12 team!

Oceanic District Trials

Good luck to our Soccer, Touch Football and Cross Country athletes in their upcoming Oceanic District trials.

Athletics carnivals

Athletics carnivals are fast approaching and the planned carnivals days are:

- **17 June** Field Event Finals Day
- **18 June** Year 5/6 Sports Day
- **19 June** Year 3/4 Sports Day
- **24 June** Year 1/2 Sports Day
- **25 June** Prep Sports Day

Finance 2026

DUE DATE	ACTIVITY	AMOUNT
31 March	2026 SRS fees	\$280.00 Overdue
01 May	CHESS Term 2, Monday	\$75.00 Overdue
01 May	CHESS Term 2, Friday	\$85.00 Overdue
06 May	PREP David Fleay's excursion	\$25.00 Overdue
5 JUN	Yr 5 Camp Deposit	\$50.00
10 JUN	Yr 1 Street Science	\$19.00
12 JUN	Yr 3 Wild Rangers	\$16.00
12 JUN	Yr 6 Star Lab	\$10.50
15 JUN	Yr 5 Camp Balance	\$295.00

Back To School Boost

The allocation of the Back to school boost funds of \$100 has been successfully rolled out for all students enrolled in Queensland state schools in Prep-Year 6.

BOOST Funds can be allocated to the 2026SRS, Camps, Excursions or Incursions.

A Reminder To Parents/Carers

Back to School Boost – Parent Choice form is available on your QParents App.

The Back to School Boost – Parent Choice form **must be** completed with your preference and submitted so that the school can allocate the BOOST CREDIT to student invoices for SRS, excursions or camps.

Go to your QParents App and locate the **Consent Request** tab to make your preferred choice and submit the

form. Alternatively call in to the office to complete a Back to School Boost – Parent Choice form.

Don't have QParents? email admin@broadbeachss.eq.edu.au to find out more about registering for QParents.

Important Dates

May and June 2026		
Thursday 20 and Friday 21 May	School Photos	School
Friday 22 May 11.50am – 1.40pm	Under 8's Day	School Oval
Monday 8–Friday 12 June (Week 8)	Assessment Week	School
Friday 31 July	NAIDOC Ceremony	School

The Broadie Bite

Order before 8.30 am daily via [Flexischools](#), or you can even order your favourites ahead of time.

Weekday Specials:

Mon: Build your own Broadie Beach Burger

Tue: Sushi day

Wed: Teriyaki Chicken or Tofu Bowl

Thu: Pizza day

Fri: Mexican Chicken Wrap or Quesadilla

Cancellations

If you need to cancel an order, please do so **via the Flexischools app or call 5570 8444 before 9.00am**. Orders cancelled after 9.00 am may not be eligible for a refund.

If you have any questions about the Tuckshop please

email the Broadie bite team directly at: broadiebite@gmail.com

We are still waiting on more size 8 - 10 polo shirts and size 4 skorts. Stock levels will be updated on Flexischools as soon as they arrive.

P & C Uniform Shop



Regular shop hours

8.00 am - 9.00 am, Monday to Thursday (closed Fridays)

If you have any questions about the Uniform Shop please email the Broadie bite team directly at: broadiebite@gmail.com.

Our refunds and exchanges policy can be found on the school website [here](#)

Online orders

Order via Flexischools and we will deliver to your student's class within two business days.

Stock updates

P & C Community Updates

Important Dates

April - May		
P&C Special Meeting - Endorsement of updated constitution	8.45 am - 8.55 am Friday 29 May	The James Centre RSVP here
P&C General Meeting #3	8.55 am - 10.00 am Friday 29 May	
Important: Please read sections below for more detailed information. Regular updates from the P & C can also be found on our Instagram and Face book pages.		

Volunteer Requirements - Important Updates



Due to recent legislation changes, moving forward, all volunteers must now meet the following requirements before undertaking any volunteer roles:

Follow us on our [Instagram](#) and [Facebook](#) pages to stay up to date

Due to recent legislation changes all volunteers must now meet the following requirements before undertaking any volunteer roles:

1. Complete our [Volunteer Declaration Form](#)
2. **Hold a valid [QLD Working with Children Blue Card](#)** before volunteering at any event where students are present.
3. Complete our [Volunteer Blue Card Info Form](#) so we can link your Blue Card to our school/P&C Blue Card Services portal.

If you do not hold a Blue Card yet, you can [apply online here for free](#). If you have any queries, please contact the P&C team directly at pandc@broadbeachss.eq.edu.au.

We encourage all Broadbeach families to do one thing each year. You can register your interest to help [HERE](#).

Stay Connected



P & C Events and Fundraisers

Senior Playground Update



FUNDS RAISED TO DATE:

\$11,660



This year, our main fundraising focus is a brand new Senior Playground. Thanks to the success of our Christmas raffle, we're already off to a great start, and we're excited for the many fun events ahead as we work towards bringing this exciting new space to life.

Mother's Day Luncheon



Thank you to all the wonderful women who joined us for our Mother's Day Ladies Luncheon. It was so special seeing everyone connect, form new friendships, and celebrate motherhood together. A huge shoutout and thank you to The Broadbeach Tavern for hosting this beautiful event. We're happy to announce that we raised \$760 which will go towards a new senior playground.

Mother's Day Stall

Mother's Day Stall



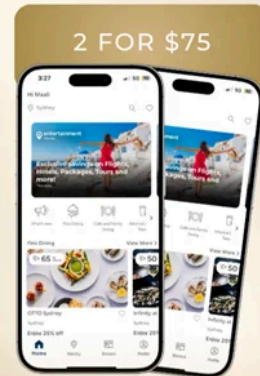
Our 2026 Mother's Day Stall was a huge success. A heartfelt thank you to all the incredible women who volunteered their time to make the day run so smoothly, these events simply wouldn't happen without you. And a special thank you to Rachelle from Lisa Pollock for generously donating gifts to this year's stall.

All profits will go towards a new senior playground, stay tuned for the next newsletter to see how much we raised.

Entertainment Membership

Buy One Entertainment Membership, Get One Free

Share with Mum the gift of unforgettable experiences.



PLUS ENTRY TO WIN



Link to purchase: [Here](#)

For a limited time, when you support us by purchasing an Entertainment Membership, you'll receive a second one absolutely FREE. Plus you'll go in the draw to win a Baltic Cruise and unlock year-round savings on dining, travel, shopping and experiences.

From every purchase we receive 20% as fundraising, all profits we receive will go towards a new senior playground.

Containers for change

P & C Community Sponsors

HELP US REACH OUR GOAL

We'll get 10 cents for each container.



Get the kids involved, round up those empty drink bottles and help save plastic from landfill while supporting our school through Containers for Change.

Recycling your 10c containers is a simple way to give back to the planet and raise valuable funds for our school community.

Here's how you can help:

- Sign up to the Containers For Change App: [Here](#)
- Add our schools Membership ID: **C10209192**
- Collect eligible 10c containers
- Check containers for eligibility (look for the 10c mark or scan the barcode in the app)
- Drop them at your local refund point: [Map Here](#)

Every container counts. Thank you for helping us recycle, raise funds and keep plastic out of landfill.

BECOME A 2026 SPONSOR



Don't miss your chance to be one of our first **sponsors for 2026 - limited packages are available**. This is a fantastic opportunity to **showcase your support to the school community**, with potential benefits including your logo featured on our LED sign, school sports uniforms, social media, and a range of promotional materials (depending on your chosen package).

If you are interested in becoming a P&C sponsor for 2026, please **register your interest here**:

[Click here to view more information](#)

<https://forms.gle/mGFDDnSUGxAxiQ6P8>

After school care

P C Y C Gold Coast at Broadbeach State School

0417 754 241

KDV

After school kids club at KDV Sports

info@kdvsport.com

[\(07\) 5596 0404](tel:(07)55960404)

After School Programs – External Facilitators

A range of after school programs exist to support families. In many cases, school facilities are hired to support these offerings. Families opting to participate in the programs do so under the conditions outlined by the providers. **Broadbeach State School recognises that many of the programs have been well-received by parents, however, cannot and does not endorse them or those employed to deliver them.**

2026

SOCCER X

Day: Mondays 7.45am – 8.45am

Start: 11 May 2026

Facility: School Oval

Program duration: 7 weeks

Contact: gc@sports-x.com Ph: 0424958822

Register: www.sports-x.com.au

Day: Friday 3.00pm – 4.00pm

Start: 1 May 2026

Facility: School Oval

Program duration: 9 weeks

Contact: gc@sports-x.com Ph: 0424958822

Register: www.sports-x.com.au

Football X

Day: Wednesday 3.00pm – 4.00pm

Start: 29 April 2026

Where: School Oval

Program duration: 9 weeks

Contact: gc@sports-x.com Ph: 0424958822

Register: www.sports-x.com.au

Broadbeach State School

SOCCER X

DATES: Mondays (am) 7.45am-8.45am
7 weeks
starting May 11th

AGES: prep - year 6

PRICE: \$126

Register Here!

SOCCER X

DATES: Fridays 3.00-4.00pm
9 weeks
starting May 1st

AGES: prep - year 6

PRICE: \$162

Register Here!

FOOTBALL X

DATES: Wednesdays 3.00-4.00pm
9 weeks
starting April 29th

AGES: prep - year 6

PRICE: \$162

Register Here!

Join 2 Programs To Save \$10! Coupon Code: 2programs

Join ALL 3 Programs To Save \$15! Coupon Code: 3programs

@sportsxco

Follow us on Instagram

LIKE US ON Facebook

FREE EXTRAS available on YouTube

SUBSCRIBE

contact
gc@sports-x.com
0424958822

The Chroma Club

Day: Wednesday 3.00 – 4.15 pm Thursday 7.30 – 8.30am

Where: Science Room

Ages: 6 -12 years

[Click here to register](#)

Junior Engineers

Day: Monday (week 2 to week 9)

Time: 3.05 – 4.15pm

Where: Science Room

Ages: Year 2 - 6

Register: <https://www.juniorengineers.com.au/>

National Taekwondo

Day: Monday 3.10 to 4.10pm

Contact: 0480 605 030

emilia.nationaltkd@gmail.com



Instructor Emilia



@emilia.ntkd

TAE KWON DO

Every Monday: 3.10–4.10, Broadbeach State School

- Self Control
- Self Discipline
- Self Respect
- Self Defense

- Fitness
- Courage
- Confidence
- Motivation

BEGINNER INTRO CLASSES

1 WEEK FREE

e: emilia.nationaltkd@gmail.com

t: 0480605030



Day: Monday

Time: 3.10-4.00pm

Age: Prep to Year 6

Contact: 0452 393 064

Community Notices

Principal's Tour – Merrimac State High School

We are pleased to invite families of students in Years 4, 5 and 6 to attend an upcoming Principal's Tour at Merrimac State High School.

This is a wonderful opportunity to meet our Principal, Mel Woolnough, explore our facilities, and learn more about the programs and opportunities available to support your child as they move into secondary school.

We would love for you to come along and experience what makes Merrimac SHS school such a supportive and engaging place for students to learn, grow and belong.

Please note that bookings are essential- secure your place today by registering via QR code on the attached flyer.

Little Alphas Robotics 2026

Day: Tuesday

Time: 3.00 – 4.10 pm

Where: Art/Science Room

Ages: Prep – Year 6

Day: Thursday

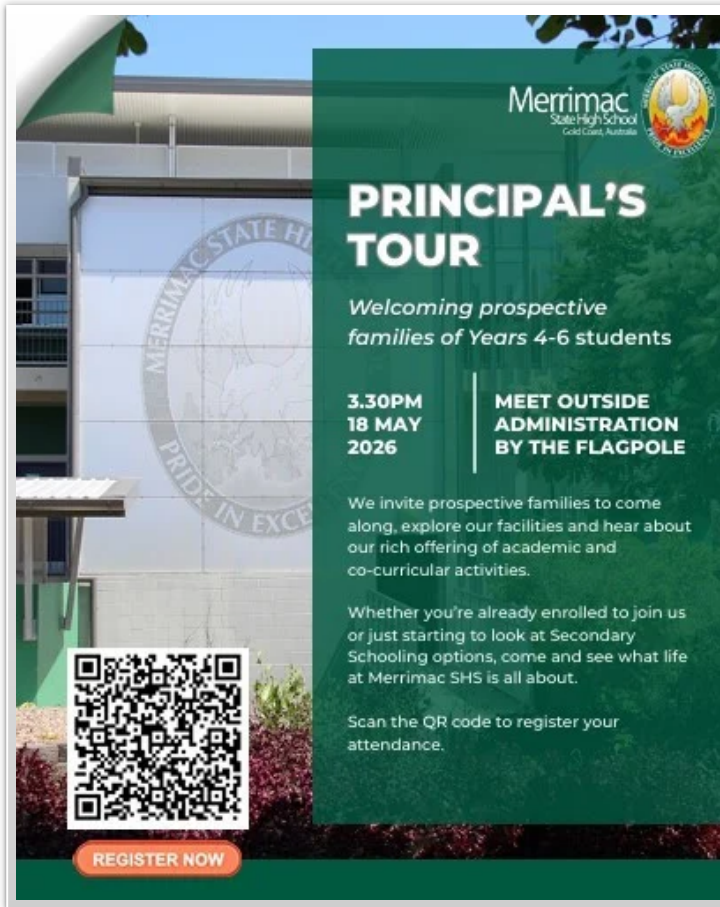
Time: 3.00 – 4.10 pm

Where: Visual Art/Science Room

Ages: Year 4 - 6

[Click here to register](#)

Fitness World



Merrimac State High School
Gold Coast, Australia

PRINCIPAL'S TOUR

Welcoming prospective families of Years 4-6 students

**3.30PM
18 MAY
2026**

**MEET OUTSIDE
ADMINISTRATION
BY THE FLAGPOLE**

We invite prospective families to come along, explore our facilities and hear about our rich offering of academic and co-curricular activities.

Whether you're already enrolled to join us or just starting to look at Secondary Schooling options, come and see what life at Merrimac SHS is all about.

Scan the QR code to register your attendance.

REGISTER NOW

Miami State High School Dance Primary Links Program



Miami State High School
First Class Location, World Class Education

**Miami SHS Dance
Primary Links Program**

Miami State High School's dance program invites dancers in grades 5-6 in our local area to join us for a morning of dance and fun.

Register now for one of two workshops on offer. Workshops will be held in the dance studio:

Workshop 1 – 11/05/26 7.30am – 8.30am
Workshop 2 – 12/05/26 7.30am – 8.30am

Be a part of Miami State High School's dance showcase! After the workshop, dancers can register to be involved in further dance workshops and perform in the 2026 Miami SHS Dance Showcase to be held on Thursday 13/08/26.

Click [here](#) and register now!

KDV Sport Kids Club After Care



AFTER SCHOOL CARE & SPORTS PROGRAM 2026





AFTER CARE & KIDS CLUB
MON - FRI UNTIL 6PM

\$40
PER DAY

After care + pick-up (where applicable)

SUPERVISED ACTIVITIES INCLUDE:

- Multi-sport games
- Playground activities
- Mini golf & footgolf
- Driving range
- Climbing wall

WE'RE EXPANDING SCHOOL PICK-UPS.

PARTNER WITH US!



SCAN THE QR CODE FOR MORE INFO & TO BOOK YOUR SPOT.

TENNIS LESSONS

MON, WED & FRI 4-5PM
TUE & THU 4.30-5.30PM
(LEVEL DEPENDENT)

\$31
PER HR

NEW STUDENTS:
50% OFF for the first 2 weeks

EXISTING STUDENTS:
10% OFF the second lesson each week when enrolled in After Care

SOCCER LESSONS

TUE & THU 4-5PM

\$25^{.50}
PER HR

NEW STUDENTS:
Free trial available

EXISTING STUDENTS:
10% OFF soccer lesson fees when enrolled in After Care

School Transport Assistance Scheme (STAS)



Apply for STAS online

Did you know that you can apply online for STAS (School Transport Assistance Scheme)?

- One form
- Up to five children
- Any device

For more information:

- Visit www.qld.gov.au/schooltransportassistance
- Contact STASdigital.Helpdesk@tmr.qld.gov.au or **1300 119 289** for technical assistance with your online application
- Speak to your local bus operator about bus services.

Please select

'KINETIC GOLD COAST (PREVIOUSLY SURFSIDE TRANSLINK)'

as your Bus Operator



Are You a Parent of a Child Between 0 to 12 Years Old?

Researchers from the University of Southern Queensland and The University of Queensland, are conducting

research into parents' opinions about parenting and climate change.

If you are a parent (18+ years) of a child aged 0 to 12 years and live in Australia, we would love to hear your views. You will need to complete a short online survey. To find out more or to participate, please visit


[Click here to learn more](#)

This research has been approved by the UniSQ Human Research Ethics Committee (ETH2024-0126)

Take Action

Does your child feel overly fearful, anxious, or worried in certain situations?

To find out more information and register to complete an initial assessment over the phone, please email us at cadrp@griffith.edu.au.



Does your child feel overly fearful, anxious, or worried in certain situations?

Many children can feel anxious, fearful, or worried in certain situations. In most situations this is a normal emotion when faced with something threatening. Everyone can feel anxious from time to time. However, some children experience anxiety more intensely or more often than others and it stops them from having fun, going to school, or getting the most out of their life.

Take Action is an evidence-based program for 7- to 12-year-olds experiencing anxiety. Each child session takes approximately 1 hour, and the program runs over 10-12 weeks (either in-person or online). The program also includes six x 1-hour sessions for parents/carers to provide additional education and support on managing children's anxiety.

All children receive a comprehensive assessment before and after the program, and all child and parent/carer workbooks and materials to practice Take Action skills at home are provided. The project has full ethics approval from the Griffith University Human Research Ethics Committee (HREC: 2023/381).

To find out more information and register to complete an initial assessment over the phone, please email us at cadrp@griffith.edu.au.

Saver Plus

What is Saver Plus?

Saver Plus is a program for people on lower incomes. It's about bolstering their financial **skills, so they can develop (and keep) good savings habits.** Since 2003, Saver Plus

has supported more than 62,000 people to start saving.

It's helped overcome the barriers around education expenses. And it's set them up for a brighter future.

Saver Plus is a program designed to help eligible families develop essential financial skills and build savings for education costs.

If parents commit to saving up to \$50 a month for 10 months, ANZ will match their savings up to \$500 for education costs, such as school uniforms, stationery, textbooks, computers.



Receive up to \$500 from ANZ for education costs

Apply here

Achieve a savings goal for 10 months and ANZ will match it up to \$500. You need to:

- ✓ Be 18 years or older
- ✓ Have a current Health Care Card or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops

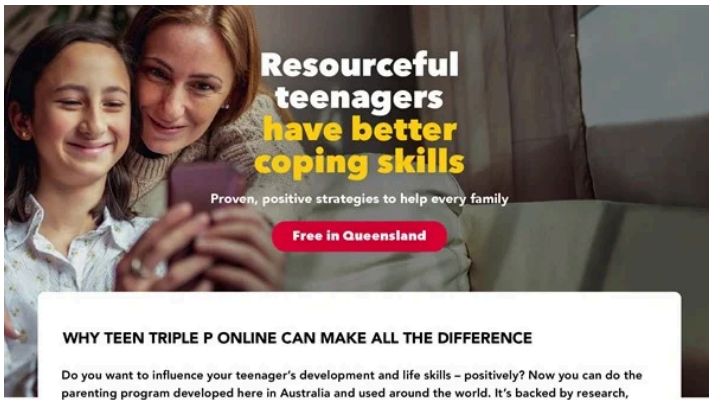
Terms and conditions apply.

saverplus
saverplus.org.au
1300 610 355

Teen Triple P

Online program is available free to all parents in

Qld with children aged 10 to 16 years.



WHY TEEN TRIPLE P ONLINE CAN MAKE ALL THE DIFFERENCE

Do you want to influence your teenager's development and life skills – positively? Now you can do the parenting program developed here in Australia and used around the world. It's backed by research, proven to work – and comes with a full toolkit of tips and ideas. And it's free!

- Create the best environment for your teenager's development.
- Know how to address behaviours, promote new skills and help emotional self-regulation.
- Raise happier, more confident and capable teenagers.
- Improve your relationship with your teenager.
- Enjoy being a parent more!

Free support for your positive parenting journey

Support your teen's emotional wellbeing (and improve yours, too!). Understand what's within your control to change and influence for your teenager's benefit.

- You choose what works for you – adapt to suit your family, your values.
- Be confident about handling each new age, stage and situation.
- Interactive, easy-to-use online program, including videos and activities and a downloadable workbook.
- Each module only takes about an hour or less, and you can do just a few minutes at a time.
- Available anytime, at your place, at your pace! Do it on your phone, computer or tablet.
- 15 effective strategies – the world's first proven-to-work online parenting program.

Help give your teenager the life skills they need with Teen Triple P Online – for parents of children 10-16.

START YOUR FREE PROGRAM TODAY!

triplep-parenting.net.au

Delivery of the Teen Triple P Online program to parents and carers of children is supported by funding from the Queensland Government.



We acknowledge the Traditional Custodians of the land on which we live and work, and pay our respects to Elders past, present and emerging.

Wing Chun Martial Art - community self-defence classes

Community self-defence training* in the **Broadbeach State School Hall**. For more information and booking, please contact Arthur by calling 0420 975 075 or emailing abatakin@hotmail.com, as availability may be limited.

1. Children Wing Chun/self-defence training - **Wednesday 5.30pm - 6.15pm (45 min)** - no charge, admin fee only (\$20 per person per term, non-refundable).

3. Women's self-defence training - **Wednesday 6.20pm - 7.20pm (60 min)**- no charge, admin fee only (\$20 per person per term, non-refundable).
4. Adult's Wing Chun/self-defence training - **Wednesday 7.30pm - 8.30pm (60 min)**- no charge (basic to intermediate level), admin fee only (\$20 per person per term, non-refundable)

*Conditions apply.

CHILDREN'S WING CHUN SELF DEFENCE	WOMEN'S SELF DEFENCE	ADULT'S WING CHUN SELF DEFENCE
-----------------------------------------	-------------------------	--------------------------------------

Community self defence training will commence in Term 3 on Wednesday, 10 July 2024 in the Broadbeach State School Hall (every Wednesday, excluding school and public holidays), as follows:

1. Children's Wing Chun/self defence training – Wednesday 5.30pm - 6.15pm (45min)
2. Women's self defence training – Wednesday 6.20pm - 7.20pm (60min)
3. Adult's Wing Chun/self defence training – Wednesday 7.30pm - 8.30pm (60 min)

FREE CLASSES!* (NO CHARGE, ADMIN FEE ONLY – \$20 PER PERSON PER TERM, NON-REFUNDABLE).

*CONDITIONS APPLY

STAY STRONG! STAY SMART!
GET IN TOUCH FOR INFORMATION. BOOKING IS ESSENTIAL.
AVAILABILITY MAY BE LIMITED.

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